

## JANUARY

**1st - 31st**  
National  
Mentoring Month

**19th**  
World Religion Day

**27th**  
Holocaust  
Memorial Day

**27th**  
Parent Mental  
Health Day

## FEBRUARY

**1st - 28th**  
LGBTQ+ History  
Month

**3rd - 9th**  
Children's Mental  
Health Week

**4th**  
World Cancer Day

**6th**  
Time To Talk Day

**10th - 16th**  
National  
Apprenticeship  
Week

**10th - 16th**  
Student  
Volunteering Week

**11th**  
Safer Internet Day

**28th**  
Ramadan

## MARCH

**3rd - 8th**  
National Careers  
Week

**6th**  
World Book Day

**8th**  
International  
Women's Day

**17th - 23rd**  
Nutrition &  
Hydration Week

**14th**  
World Sleep Day

**17th - 23rd**  
Neurodiversity  
Celebration Week

## APRIL

**1st - 30th**  
Stress Awareness  
Month

**1st - 7th**  
Community  
Garden Week

**2nd**  
World Autism  
Awareness Day

**7th**  
World Health Day

**14th**  
Vaisakhi

**22nd**  
Earth Day

## MAY

**1st - 31st**  
National Walking  
Month

**5th - 11th**  
Deaf Awareness  
Week

**13th - 17th**  
Equality, Diversity  
and Human Rights  
Week

**12th - 18th**  
Mental Health  
Awareness Week

**21st**  
National  
Numeracy Day



# AWARENESS DAY CALENDAR 2025

## JUNE

**1st - 30th**  
Pride Month

**2nd - 8th**  
Volunteers Week

**5th**  
World Environment  
Day

**2nd - 8th**  
Child Safety Week

**9th - 15th**  
Men's Health  
Week

**14th**  
World Blood  
Donor Day

**16th - 22nd**  
Learning Disability  
Week

**22nd**  
UK Windrush Day

## JULY

**1st - 31st**  
Plastic Free July

**7th - 13th**  
Alcohol Awareness  
Week

**15th**  
World Youth  
Skills Day

**15th**  
Social Media  
Giving Day

**18th July -  
17th August**  
South Asian  
Heritage Month

## AUGUST

**7th**  
Cycle To Work Day

**12th**  
International  
Youth Day

**19th**  
World Photo Day

## SEPTEMBER

**10th**  
Suicide Prevention  
Day

**9th - 15th**  
Sexual Health  
Week

**23rd**  
International Day  
of Sign Languages

**29th**  
World Heart Day

## OCTOBER

**1st - 31st**  
Black History  
Month

**10th**  
World Mental  
Health Day

**16th**  
World Food Day

**14th - 20th**  
Recycle Week

## NOVEMBER

**1st - 30th**  
Movember

**4th - 8th**  
Talk Money Week

**5th**  
National Stress  
Awareness Day

**13th - 17th**  
Anti-Bullying Week

**16th November -  
16th December**  
Disability History  
Month

**19th**  
International  
Men's Day

**20th**  
Diwali

## DECEMBER

**2th - 8th**  
National Grief  
Awareness Week

**3rd**  
International Day  
of Persons with  
Disabilities

**5th**  
International  
Volunteers Day

**25th**  
Christmas Day

**25th December -  
2nd January**  
Hanukkah

