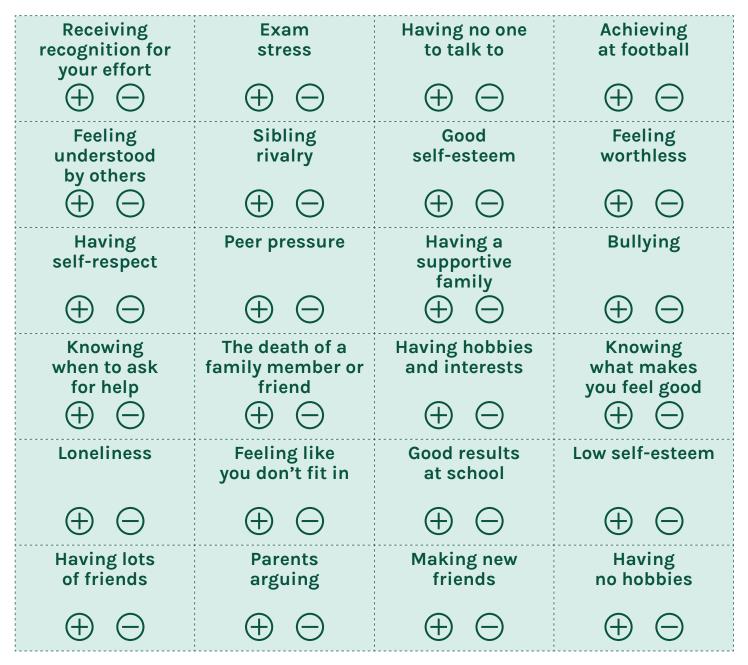




## **Influences on Emotional Well-Being**

**Activity:** Read each statement carefully and think about how each one might have an impact on emotional wellbeing. Decide whether the statement is positive or negative and **circle the correct symbol**. Or alternatively cut out the statements and **make two piles**.



Established by



